



**MDAS**  
MALLEE DISTRICT ABORIGINAL SERVICES

# Koori NEWS

WINTER 2019



## VOICE TREATY TRUTH

**JOIN IN THE NAIDOC CELEBRATIONS JULY 7-14**

**EACH YEAR OUR MALLEE NAIDOC WEEK IS A CELEBRATION OF PROUD TRADITIONS OF 65,000 PLUS YEARS OF CULTURE, TRADITION AND KNOWLEDGE.**

It's an important week for all of our communities to celebrate acknowledge and preserve the traditions of Aboriginal and Torres Strait Islander people and to walk together for a better future.

It's about telling our inspiring and achieving against-all-odds stories, our way and an opportunity to reflect, build understanding and to form partnerships for the future.

Celebrations are planned in all of our communities in Mildura, Robinvale, Swan Hill and Kerang.

Get the date in the diary and get out to enjoy everything that NAIDOC (National Aboriginal and Torres Strait Islander Day of Celebration) is.

Watch our MDAS website events page ([www.mdas.org.au](http://www.mdas.org.au)) and our Facebook page; (@MalleeDistrictAboriginalServices) for all the details and events of the week.

### **In this issue...**

**WORKSHOP FOR CARERS**

**STATE AWARD FOR YOUNG ACHIEVER**

**WHO WAS DANCING AT DREAMTIME AT THE G?**

### **Save the date!**

**NAIDOC BALL  
SATURDAY JULY 20  
AT THE MILDURA  
GRAND HOTEL**

Pictured Above: Left; Steven and Adrian Peterson, Inset; Tanesha Kelly

*Generations of vibrant, healthy and strong Aboriginal communities*





## AWARD FOR INDI

**SO PROUD TO SEE A PROJECT OUR VERY OWN INDI CLARKE IS PASSIONATE ABOUT HAS BEEN CHOSEN FOR A MAJOR VICTORIA CIVIL LIBERTIES AWARD.**

The Voltaire Award is a celebration of free speech and Indi has been one of the leaders, of the Ngaga-Dji Project, which is the winning project in 2019. Ngaga-dji is based on listening, valuing & acting on the voices of children in the Victorian youth justice system. Indi and his project partner Anna Cerreto will be presented with the award next month and say they're humbled to receive it on behalf of the children who have trusted them with their stories.

Well done Indi on a special and important project!



## NEW MDAS ROBINVALE OFFICE OPEN FOR BUSINESS

**COMMUNITY MEMBERS USING OUR FAMILY SERVICES AT ROBINVALE WILL HAVE MORE COMFORT AND PRIVACY IN OUR NEW PERRIN STREET OFFICE**

77 Perrin Street is a fantastic location, right in the middle of town and easy to get to – so we're expecting more people through the doors with the new location.

The opening day was celebrated with a barbecue lunch, jumping castle, face painting and kids' activities

at nearby Caix Square, as well as information on MDAS programs and tours of the new offices.

Our friendly Robinvale team MDAS provides services including Integrated Family Services; youth justice; Early School Leavers' Program; housing support; and Men's Time Out program.

Pictured L-R: Ben Tu'uta, Lalueni Mineneti, Jayde Masasso, Joseph Asirifi, Matty Chilly, Rhiannon McInnes, Wayne Coe and Des Smith

## WORKSHOPS FOR CARERS

**PROVIDING CARE FOR KIDS (FOSTER CARE, KINSHIP CARE, OUT OF HOME CARE) CAN BE TOUGH – ESPECIALLY IF THE KIDS YOU CARE FOR ARE STRUGGLING.**

We've partnered with Carer Kafe to provide a workshop for carers on June 27 called "Thinking Mind, Reptilian Brain".

It's not as bad as it sounds! It's just about the importance of being in

'thinking mind' mode when the children you care for are struggling.

The session will include practical interventions and demonstrations to help you understand better what's happening in the internal world of the child or young person at that moment and respond in ways that will assist to reduce trauma and feelings of low self-esteem.

If you think it might help, contact Glenn 0427 814227.



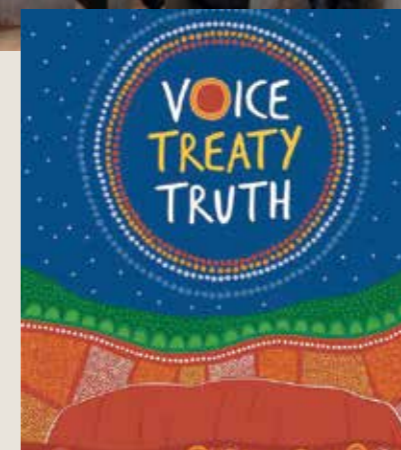
## NAIDOC'S FOR EVERYONE!

**CHARMAINE MUMBULLA, A PROUD KAURNA AND NARUNGA WOMAN, IS THIS YEAR'S WINNER OF THE PRESTIGIOUS NATIONAL NAIDOC POSTER COMPETITION.**

Ms Mumbulla's artwork 'Awaken' was judged by the National NAIDOC Committee to have best captured the spirit of the 2019 NAIDOC theme: Voice. Treaty. Truth – Let's work together for a shared future.

It depicts an early dawn light rising over Uluru, symbolising continued spiritual and unbroken connection to the land.

The circles at the base of Uluru represent the historic gathering



in May 2017 of Aboriginal and Torres Strait Islander leaders, who adopted the Uluru Statement from the Heart.

This year, NAIDOC Week invites all Australians to walk in a movement for a better future through raising a greater national awareness of the three key elements to the reforms set out in the Uluru Statement.

Pictured: (L-R) Garry Swallow, Yvonne Jones, Naomi Warner, Debra Young, Kathy Jeffries and Marilyn Richards



## VOICE TREATY TRUTH NAIDOC 2019

**THE INDIGENOUS VOICE OF THIS COUNTRY IS OVER 65,000 PLUS YEARS OLD. THEY ARE THE FIRST WORDS SPOKEN ON THIS CONTINENT.**

With 2019 the UN International Year of Indigenous Languages, it's time for our knowledge to be heard through our voice.

Australia is one of the few liberal democracies which still does not have a treaty with its Indigenous minorities. Treaties are inseparable from Truth.

Lasting and effective agreement cannot be achieved unless we have a shared, truthful understanding of the nature of the dispute, of the history, of how we got to where we stand.

This is not just the history of our First Peoples – it is the history of all of us, of all of Australia, and we need to own it.

Then we can move forward together.

Pictured: Megan and Chelsea Naden and Myzaiah Edwards



### GET (AND STAY) HEALTHY!

**EVOLVE**  
12 WEEK CHALLENGE

**SWAN HILL ACTIVE MOB**

Monday & Wednesdays  
AT: Swan Hill Oval  
12PM-1PM  
Kid Friendly

**FREE FLU SHOTS**

COME AND JOIN US

**GRAB IT NOW**

There are loads of ways to get on the road to Deadly Health. We always have exercise, healthy-living and quit smoking programs available and our health services are here to help – not just when you are sick.

And, at this time of year, don't forget your flu shot – they're FREE!



# Around MDAS



**VOICE TREATY TRUTH**

07 - 14 JULY 2019

Let's work together for a shared future.

Watch the MDAS website and follow our Facebook page for details of celebrations in our communities.



## DEADLY THIS MONTH

### TASMAN PETTIT BLACKMAN

Tasman has been part of our MDAS Men's Behavioral Change Program at Mildura and went with the group to the AFL Dreamtime Game. But a chance meeting in the Richmond Footy Club carpark gave Tasman the chance at his own dream – to dance at the G! He jumped at it and, yes, we were proud to see Tasman before the match as part of the spine-tingling War Cry. Go Tasman!



If you need a hand or more information call Sarah on 0428 615 226

## HAVE YOU ENROLLED?

**THE FIRST PEOPLES' ASSEMBLY OF VICTORIA WILL BE THE VOICE OF ABORIGINAL PEOPLE IN VICTORIA IN THE FUTURE TREATY PROCESS AND VOTING FOR ELECTIONS WILL HAPPEN NEXT MONTH.**

Our Assembly Election Officer for North West Victoria is Sarah Nalder and she is based at MDAS Swan Hill to help community enrol, run and vote. You must be enrolled to vote, and enrolment and voting can be done online, in person or via post. Voting for the Assembly begins July 8 and ends July 21.

## OUR SERVICES

### HEALTH

GP  
Nurse  
Aboriginal Health Workers  
Outreach Workers  
Chronic Disease Management  
Maternal Child Health  
Nurse Health Checks  
Transport

### SPECIALIST SERVICES

Nephrologist  
Drug And Alcohol Worker  
Psychologist  
Maternal And Child Health Nurse  
Dietician  
Podiatrist  
Cardiologist  
Urologist  
Paediatrician  
Optometrist  
Cardiologist  
Respiratory Specialist Audiologist  
Physiotherapist  
Personal Trainers

### CLINICS

Well Women's Clinic  
Immunisation Clinic

### TACKLING SMOKING AND HEALTHY LIFESTYLES SERVICES

Quit Smoking Support  
Boot Camps  
Community Gym

### SOCIAL EMOTIONAL WELLBEING TEAM

Local Justice Worker Program  
Bringing Them Home Program  
Drug & Alcohol Counselling  
Gamblers Help  
Koori Women's Diversion  
Wiimpatja Healing Centre  
Mental Health-AOD (Youth Specific)  
Adult Mental Health  
Gambling Community  
Prevention Project  
Psychiatrist

### AGED AND DISABILITY

Commonwealth Home Support Programme (CHSP)  
Home and Community Care Program for Younger People (HACC-PYP)

### FAMILY AND COMMUNITY SERVICES

#### CHILDREN'S PLACEMENT SERVICES

Aboriginal Children Specialist  
Advice Support Service (ACSASS)  
Home Based Care  
Kinship Care  
Aboriginal Family Led  
Decision Making  
Cultural Support Planning  
Therapeutic Foster Care  
Therapeutic Residential Care  
Therapeutic Residential Case Management

#### FAMILY SERVICES

Integrated Family Services  
Aboriginal Stronger Families  
Family Preservation and Restoration  
Parents Under Pressure  
Youth Services  
Koori Night Patrol  
Soccer Club  
Community Development Project  
Youth Justice  
Early School Leavers  
Emerging Leaders Program  
Family Violence

#### Meminar (Family Violence refuge)

Men's Case Management  
Time out Services  
Men's Behaviour Change Group  
Koori Youth Connect

#### HOMELESSNESS AND HOUSING SERVICES

Crisis Support  
Transition Support  
Aboriginal Tenants at Risk of Eviction  
Koori Private Tenancy Worker  
Community Housing

#### EARLY YEARS SERVICES

Maternity Services  
Maternal and Child Health Services  
Family Support Services;  
- In Home support  
- Cradle to Kinder  
Early Intervention and Early Learning Services  
- Supported Playgroups  
- Circle of Security  
- Collaborative Therapy  
HIPPY (Home Interaction Program for Parents and Youngsters)  
Koori Preschool Assistant Program

### OPENING HOURS

Mon - Thur 9am - 5pm  
Friday 9am - 4pm

### MILDURA

120 Madden Avenue  
5018 4100

### SWAN HILL

70 Nyah Road  
5032 8600

### KERANG

9 Nolan Street  
5450 3019

### ROBINVALE

77 Perrin Street  
5026 1848

### TO HAVE ITEMS INCLUDED IN THE MDAS NEWSLETTER

Please contact Terry or Jacinta Gange, NewsAlert PR Mildura 0498 490 672 or email [hello@newsalertpr.com.au](mailto:hello@newsalertpr.com.au)

[www.mdas.org.au](http://www.mdas.org.au)